



## The Yoga Barn / Balispirit Festival Masters Series # 1

Surfing the high energy wave of BSF, The Yoga Barn Presents *The Masters Series*.  
Come join a select group of extraordinary teachers from BSF at The Yoga Barn for a bonus week of Yoga & Learning & Fun!

### “SPIRITUAL INTIMACY”

How to be in a relationship while walking the spiritual path,  
with Shakti Mhi & Pepe Danza



**Saturday March 16th | 1:00 - 4:00pm | Rp. 300.000**  
**Rp. 270.000 if pre-registered by Thursday March 14th**

Intimacy and passion are what most people wish to keep throughout their relationship. However, they are the first thing we let slip between our fingertips because it takes a conscious effort to nourish them. Intimacy and passion demand attention and awareness, the same two disciplines required for practicing meditation. Spiritual people will often put so much effort into the practice and discipline of a daily meditation, so why not have your love relationship practiced with the same care?... Make your relationship your meditation and your lover the focus of your concentration.

In the seminar Shakti and Pepe will give a satsang about spirituality, intimacy and the way they connect. The discourse will be based on questions and answers, to insure the teaching is personal.

#### About Shakti Mhi and Pepe Danza

Shakti and Pepe have been practicing yoga and Zen for over 30 years. Together they deliver their teaching with a very harmonized Shiva/Shakti energy. Their male/female flow brings balance and diversity to their students' experience. Shakti and Pepe are blissfully married to each other and together they are also married to their Path and to Teaching. They are as passionate towards each other as they are passionate about sharing the joy and creativity experienced through their spiritual practice.